

# 4 Day/3 Night Guided Biking Intermediate Sample Itinerary

Day 1: Lorna Lake, Big Creek Trail, Graveyard Valley, Elbow Pass, Tyaughton Creek Headwaters & Bear Paw Camp

**Stats:** ~25kms, +600m / -807m

Start your trip off with a unique and surreal floatplane flight through the South Chilcotins into the majestic Lorna Lake. A stunning turquoise glacial lake nestled between looming mountain peaks far from civilization. Once bikes are unloaded, and the necessary photos are taken, you will gear up and ride a short distance to the northern end of Lorna Lake, connecting with Big Creek Trail. For the next 10 kms you will follow Big Creek trail to its junction with Graveyard Creek trail, riding through a wide-open valley that is bordered by volcanic hills and ridges. Expect a mix of forested sections and low-lying meadows, with some short climbs and flowy segments of trail. Also expect some scrambling over log "bridges" to cross side creeks and wet feet, particularly when crossing Big Creek itself once. You will then enter and travel 8 kms through Graveyard Valley — a gentle, wide, and historic valley. Take note of the infamous battle grounds of the St'at'imc and Tsilhqot'in Indigenous peoples, which gives graveyard valley its namesake. As the valley begins to narrow you will turn south and pedal and hike-a-bike up 300m to Elbow pass situated high in the alpine, before descending the days final 5kms of ultimate singletrack and 550m into the headwaters of Tyaughton creek and Bear Paw Camp where you will rest and recharge for the night.

### Day 2: Lorna Pass Trail to Lorna Pass and back and/or Little paradise Creek Trail to Relay Coland and back

Stats: Bear Paw Camp to Lorna Pass and back  $\sim$  10 kms, + 480 m / - 480 m : Bear Paw Camp to Relay Col and back  $\sim$  10.5 kms, + 505 m / - 505 m

Today there exists the possibility to go big and pedal/hike-a-bike close to 1000 m by combining Lorna Pass and Relay Col trail options, or to take a slightly smaller day by riding one of the two trail choices. Whatever your choice you will not be disappointed, as from atop both Lorna Pass and Relay Col you are treated to stunning views of impressive peaks, glacial formed valleys and rich orange, red, and pink coloured rock bands. Add to this the reward for all your efforts in gaining the pass and/or the col, two of the best descents in the region, and you are in for a great day.

To reach Lorna Pass, shortly after leaving Bear Paw camp you will pedal and hike-a-bike up 500 m over 5 kms. Pay attention to trail features and flow as you make your way up it, as you will be descending back down this same route. You are certain to spend some time taking in the incredible views atop Lorna Pass as you gaze down into both South Chilcotin Mountains Provincial Park and Big Creek Park. Once you've fully soaked in the vista, your descent will start with riding a well beaten trail to tree line through a vast grassy alpine valley/meadow, with a mostly gentle to moderate grade. From tree line the trail descends through meadows and open forest, steeply at times, back to Bear Paw Camp.

To reach Relay Col, shortly after leaving Bear Paw camp you will pedal and hike-a-bike up 500 m over roughly 5 kms. Pay attention to trail features and flow as you make your way up to the col, as you will be descending back down this route. From Relay Col you will have views of towering rocky peaks, weathered alpine ridges, beautiful grassy meadows and vibrant coloured rock bands. Once you've filled up on the stunning views, your descent will start with riding a moderately steep, loose and rocky alpine ridge to tree line. From tree line the trail descends through forested slopes, steep at times, before entering a large grassy meadow with a gentle grade. The final section of trail winds nicely, side hilling at times, through medium grade open forest. Once at the valley bottom, pedal a short distance back to Bear Paw Camp.



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### Day 3: Tyaughton Creek Trail, WD Trail, Spruce Creek Trail & Spruce Camp

**Stats:** ~ 16.5kms, + 340 m / – 504 m

Today you will ride through alternating forest and meadows on route to Spruce Camp. Be prepared for four major creek crossings, a few short steep climbs with some smooth and flowing downhill, technical rooty sections, and some side hilling. For most of the day you will be riding parallel to Tyaughton Creek, and will be offered awe inspiring views of the surrounding peaks and ridge lines. After crossing Tyaughton Creek for the final time you will do a short push/pedal before enjoying a gradual descent into our camp at the north end of Spruce Lake. Once at camp you can walk a short distance to the shores of Spruce Lake, where row boats and fishing rods await, or take the time to explore the surrounding slopes for fossils and viewpoints.

#### Day 4: Main Trail, Gun Meadows, Gun Creek Trail to Gun Creek Road

**Stats:** ~ 23km, + 250m / -834m

Today is nothing short of the grand finale! Shortly after setting out from Spruce Camp you will begin riding through wide open alpine meadows that offer you one final opportunity to gasp at incredible views and spot wildlife, before descending into the valley far below you on smooth and flowy single track. Once in the valley you will ride parallel to Gun Creek for a lot of the remainder of your day, with beautiful single track twisting and swooping through forest. The terrain will noticeably become more a mix of sand and volcanic ash as your day progresses, and although you will be losing elevation, in typical Chilcotin fashion there are still some short climbs. Upon arriving at Gun Creek Road, which sadly is where you trip ends, our shuttle van will be waiting to drive you back to the lodge.