



## 3 Day/2 Night Guided Biking Advanced Sample Itinerary

### Day 1: Lorna Lake, Graveyard Valley, Elbow Pass, to Bear Paw Camp

**Stats:** ~25kms, +600m / -807m

Start your trip off with a unique and surreal floatplane flight through the South Chilcotins into the majestic Lorna Lake. A stunning turquoise glacial lake nestled between looming mountain peaks far from civilization. Once bikes are unloaded, and the necessary photos are taken, you will gear up and ride a short distance to the northern end of Lorna Lake, connecting with Big Creek Trail. For the next 10 kms you will follow Big Creek trail to its junction with Graveyard Creek trail, riding through a wide-open valley that is bordered by volcanic hills and ridges. Expect a mix of forested sections and low-lying meadows, with some short climbs and flowy segments of trail. Also expect some scrambling over log "bridges" to cross side creeks and wet feet, particularly when crossing Big Creek itself once. You will then enter and travel 8 kms through Graveyard Valley – a gentle, wide, and historic valley. Take note of the infamous battle grounds of the St'at'imc and Tsilhqot'in Indigenous peoples, which gives graveyard valley its namesake. As the valley begins to narrow you will turn south and pedal and hike-a-bike up 300m to Elbow pass situated high in the alpine, before descending the days final 5kms of ultimate singletrack and 550m into the headwaters of Tyaughton creek and Bear Paw Camp where you will rest and recharge for the night.

### Day 2: Deer Pass, Trigger Lake to Spruce Camp

**Stats:** ~ 25kms, + 1285 m / -1655 m, 7 – 9 hours

Leaving from Bear Paw camp in the morning, you will begin by immediately beginning your Climb over majestic and iconic Deer pass – not for the faint of heart. Leaving the meadows you will pedal and hike-a-bike up 600 m and 6 kms of mountainous terrain where 360 degree Chilcotin vistas await. This endeavour is directly followed by a long technical cross country downhill that drops 800 m and 5 kms to the headwaters of Gun Creek and the home of glacier fed Trigger and Hummingbird Lake. With 3 hours and 14 kms left of your ride, you will follow the shores of Trigger and Hummingbird lake on a rolling technical single track with rocky and rooty sections, before traversing into the Spruce Lake valley which will be home for the night. The much deserved comforts of home will await you at our Spruce Camp.

### Day 3: Main Trail, Windy Pass onto Cabin Pass via High Trail, High Trail to Molly Dog/Pepper Dog/Ken's Trail to Base

**Stats:** ~ 30kms, + 1004m / – 1563m

Your final day riding will include some extended sections of hike-a-bike up and over two alpine passes, cross country riding through vast valleys, fun and flowing sections of trail through the alpine and sub alpine, and connecting three somewhat technical descents outside the park boundary back to the valley and our base of operations.

Shortly after leaving Spruce Camp you will start hiking-a-bike/peddalling approximately 700m up Windy Pass. From atop Windy Pass you will be treated to breathtaking views of unique features such as Cartable Mountain and Castle Peak. You are well rewarded for your efforts in reaching the pass with a smooth, fun and flowy descent down to valley bottom-riding from high in the alpine to a grassy and forested basin.



### **3 Day/2 Night Guided Biking Advanced Sample Itinerary**

Next you will mostly pedal cross country style through the basin for approximately 6 kms, rolling past our Eldorado Cabin, on route to your second pass of the day. Be prepared for a short push/pedal once passing Eldorado Cabin.

From atop Cabin Pass you will traverse and descend sub alpine meadows and benches to reach Molly Dog. Once at Molly Dog you will connect it with two other trails that will take you to valley bottom. You will be both challenged and amazed by the variety of terrain, root sections and short steep lines, and your bike handling skills will be tested.

After an exhilarating final descent, you will pedal back to our base of operations.